

4 main risk factors

Tobacco
Alcohol
Poor diet
Lack of physical activity

4 main causes of avoidable early deaths

Cancer
Cardiovascular disease
Respiratory disease
Liver disease

Contribution to reduction in life expectancy and health inequalities

64%

Long term Condition Pathways, Co-morbidity

Primary prevention >> Early identification >> Self-care >> Primary care >> Community care >> Specialist care >> Inpatient care >> EOL care

Cancer. CVD, Stroke. Diabetes. COPD. Liver disease. Fragility, falls and fractures. Dementia Neurological

Mental health and wellbeing

Sexual Health , Community Safety . Drugs and Alcohol. Learning disabilities. Health Protection / Public Protection

Relationship problems
& family breakdown

Domestic violence

Positive Family Futures
Troubled Families

Offender health

Safeguarding

Health inequalities

Marmot Principles, Fairer Society, Healthy Lives

Best start in life

Education
Parenting

Employment,
Skills, Training

Tackling Poverty
strategy

Workplace
health

Older people
Social isolation

Wider determinants of health

Sustainability

Housing

Transport

Planning

Economy

Arts & Culture

Building social capital

- Asset Based Community development, Rapid Participatory HNA
- Sharing data / intelligence in localities
- Developing Locality Profiles for JSNA
- Agreeing priorities for action, Targeting areas of need
- Multi-agency Locality working
- Development of the Third Sector
- Volunteer programme / Portsmouth Together